













xxx Investment Log

				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		
				\$0	\$0	In	\$0	No		

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Use this form only for short contracts.						
Active: Yes or No as a note for your file.						
Contract: Contract month and year and the symbol.						
FTD: Final trading day.						
Season High: Determine and enter.						
Season Low: Determine and enter.						
50% & 40% Retrace: These are automatically calculated, don't enter.						
Initial Margin: Determine and enter.						
Maint. Margin: Determine and enter.						
Commission: Determine and enter.						
Point Value: Enter the conversion factor required to convert from whatever price units you are using to effect on the price of the full contract.						<b>Margin</b>
Starting Acct. Bal: The balance in your trading account when the contract is sold.		<b>Trail</b>	<b>Target</b>	<b>Stop</b>		<b>Call</b>
		0	0	In		No
Initial Stop Loss: Decide and enter.		0	0	In		No
Trailing Stop Loss: Should initially be the same as the "Initial Stop Loss" and then adjust as the price moves in price moves in your favor and according to your trailing stop loss policy.		0	0	In		No
		0	0	In		No
		0	0	In		No
Target Stop: Use this if you want to liquidate at a specific profit.		0	0	In		No
Date Sold: Enter nothing, this is referenced to the date you open the position.		0	0	In		No
		0	0	In		No
Price Sold: Enter the price at which the order was actually executed.		0	0	In		No
Date Liquidated: Enter the date you liquidated the contract.		0	0	In		No
Price Liquidated: Enter the price at which the contract was actually liquidated.		0	0	In		No
		0	0	In		No
P/L: Enter nothing. The profit/loss is calculated and includes the commission.		0	0	In		No
		0	0	In		No
Price Data: Paste or enter the Date, High, Low and Close for each trading session that the position is open.		0	0	In		No













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			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No
			0	0	In		No